

The Rewilding Project

An innovative 13-week program to discover your deepest truth, reconnect with the full essence of who you are, and start thriving in your life.



Spring 2022:

Saturday Workshops – 12:30pm – 5:30pm MDT

Kickoff Party - Sunday May 1st

Midway Transition – Saturday June 4th

Completion Celebration – Saturday July 23rd

Monday Evening Sessions – 6:00pm – 7:30pm MDT

Monday May 2nd

Monday May 30th

Monday June 27th

Monday May 9th

Monday June 13th

Monday July 11th

Monday May 16th

Monday June 20th

Office Hours:

Book 30-min private coaching / support sessions, ask questions, and connect during these scheduled Office Hour time blocks.

Wednesday May 26th, Monday June 6th, Monday July 4th, Monday July 18th

For more comprehensive information including a detailed features list, and how to register, visit therewildingproject.ca or heather@heatherspurrell.com